



RENDCOMB

NURSERY JUNIORS COLLEGE

CO-EDUCATIONAL DAY AND BOARDING 3 TO 18 YEARS



GLOUCESTER
RUGBY

COMMUNITY
GLOUCESTER RUGBY IN THE COMMUNITY

Gloucester Rugby are running a unique two day rugby camp at Rendcomb College during the Christmas break on Monday 19th and Tuesday 20th December. The camp is open to all players aged between 7 and 15 and will run from 10am until 3pm on each day.

The camp will include the following elements:

- Handling - the basic principles, advanced techniques and beyond
- Decision Making - the fundamentals of game understanding, evasion and attacking play
- Contact - Tackle technique, rucking, mauling and defensive systems
- Running - the principles of speed and agility
- The chance to meet some of the Gloucester players
- The experience of a lifetime at a unique venue

Not only will participants receive high quality coaching but they will also receive a FREE t-shirt and a match day ticket voucher for a game at Kingsholm. Participants will also receive a hot lunch on both days of the camp!

PLACES ARE AVAILABLE NOW! AS RENDCOMB COLLEGE STUDENTS WE ARE PLEASED TO OFFER YOU A 20% DISCOUNT WHEN BOOKING ONLINE AT www.rugbycamps.co.uk SIMPLY SEARCH FOR GLOUCESTER RUGBY AND ENTER 'REND1' INTO THE COUPON FIELD.

(RRP £60 – RENDCOMB COLLEGE PRICE £48 PER PERSON)

For more information about the Christmas Camp at Rendcomb College please contact the Community Department by emailing cdp@gloucesterrugby.co.uk or call 01452 872286.

Book your place today!!!